

#### A Blessing Poem for These Last Summer Days

As the last few weeks of summer find us, here is a prayer by Ted Loder:

Thank you, Lord, for this season of sun and slow motion, of games and porch sitting, of picnics and light green fireflies on heavy purple evenings; and praise for slight breezes. It's good, God, as the first long days of your creation.

Let this season be for me a time of gathering together the pieces into which my busyness has broken me. O God, enable me now to grow wise through reflection, peaceful through the song of the cricket, recreated through the laughter of play.

Most of all, Lord, let me live easily and grace-fully for a spell, so that I may see other souls deeply, share in a silence unhurried, listen to the sound of sunlight and shadows, explore barefoot the land of forgotten dreams and shy hopes, and find the right words to tell another who I am.

Amen.



# Sunday we welcomed Baylor Ryan to the HOPE family!





It was a beautiful night to listen to music on Monday night with the Strings of Hope at Rush River Brewery!





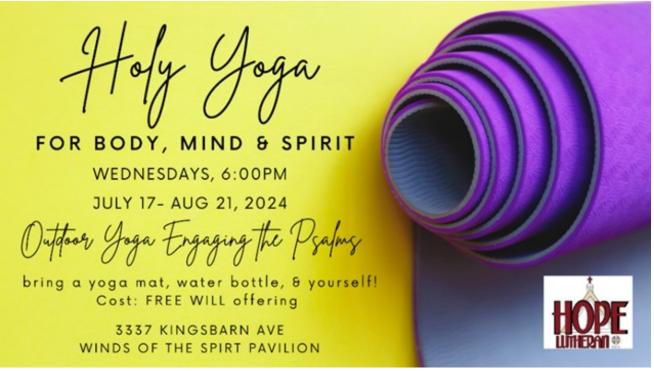






Join us on Sunday, September 8 for our annual
God's Work, Our Hands Kick-Off Sunday!
Project details TBA
Please bring a POTLUCK side item or dessert for our meal together that day!







Join us on Sunday, September 1 for a special back to school blessing!
Bring a backpack, laptop, planner, etc to be blessed!
All participants will receive a special gift





#### RIVER FALLS COMMUNITY PACKING EVENT

**SEPTEMBER 11-12, 2024!!** 

HOPE has 2 blocks of time reserved for packing:
Wednesday, 9/11 from 6-8PM (13 spots for Faith Adventures/Confirmation & adults)
Thursday, 9/12 from 6-8PM (10 spots for anyone 5+)

This is a community-wide event where people from across River Falls will come together to feed God's hungry children.

SIGN UP TO COME WITH HOPE HERE!!!!





#### AN INVITATION FROM THE NORTHWEST SYNOD OF WISCONSIN

About a year and a half ago as part of a Lenten series of Mission Ministry Team guest speakers, entitled "Who Is My Neighbor," we heard from a representative of Reconciling In Christ about ways we can expand our hospitality and welcome as a congregation. It was one of many guest conversations that gave us a general sense that we could likely grow in our understanding of what it means to welcome various neighbors into our mission.

Recently, the NWSWI (our Synod of the ELCA) has begun to explore what it means to expand the hospitality and welcome of our whole synod. As part of that exploration they are offering a day-long workshop on "Building an Inclusive Church" on Saturday, August 17th from 9AM-3PM at Bethel Lutheran Church, highlands campus. This is a great opportunity for anyone who is genuinely curious about understanding their Christian call to hospitality and evangelism. If you are interested in attending or wonder if this is right for you, feel free to reach out to Pastor Annie here at HOPE. You may also contact Rev. Sara Bishop, Synod Advocate for Right Relationships at synodadvocate@nwswi.org with any additional questions.

For more information, **please see the flyer below**. You can register directly <u>HERE</u> and make sure to select the August 17th event in the drop down menu!



#### BUILDING AN INCLUSIVE CHURCH TRAINING

Building an Inclusive Church is a workshop and a toolkit provided to participants which covers 6 tools and 11 steps. The workshop explains and expands on the tools in the toolkit to help people design and implement a journey towards becoming fully affirming and inclusive as faith communities. Participants will explore ways to create dialogue and deepen relationships as congregations move through the process.

#### COMPONENTS

- Key Concepts: Graceful Engagement & Relationship Building
- Tools: One-to-One Conversations, Storytelling, Framing, & Scriptural Engagement
- Opportunities to advance Intersectional Justice in faith communities
- Reconciling in Christ (RIC) Partner Commitments



#### **GOALS & OUTCOMES**

- Discover how to implement a journey for your faith community to publicly and intentionally welcome people of all sexual orientations, gender identities, and gender expressions, and to commit to the work of racial equity
- · Learn how to use the six core tools to move this holy work forward
- · Develop skills needed for one-to-one and community conversations
- Identify opportunities and next steps for applying concepts and strategies to incorporate conversations about intersectional equity
- · Explore your own Christian call to hospitality and evangelism

#### REGISTRATION INFORMATION

August 17, 2024: 9:00 am - 3:30 pm CT

Bethel Lutheran Church, Highlands Campus 504 Frontage Road, Hudson, Wisconsin 54016

www.reconcilingworks.org/trainings/bic/







For all K-12th kids/families! We'll also be tie-dying pillow cases for Grace Place (provided)



Dinner and the Show: August 22, 6:30PM

#### SAVE THE DATES!

Look for details on 2024-2025 Faith Adventures & Confirmation Ministry NEXT WEEK!

For now: Save these dates!

9.11.24:

HOPE Youth & Family FMSC Packing Night 6-8PM

9.18.24:

Wednesdays of HOPE Kick-Off Night for youth & families 6-7:15 PM, meal provided



## Wednesdays of HOPE resumes September 11th!

All K-10+ children and youth are encouraged to register!

3 Sessions throughout the year (Fall, Winter, Spring)
Wednesday evenings 5:45-7:15PM (NEW TIME)
Click below for more info & to register:

2024-2025 WEDNESDAYS OF HOPE REGISTRATION





# Mindful Holidays: Navigating Grief with Compassion and Presence

FREE! Join us via Zoom Webinar Thursday, October 24, 2024 l 6:30 - 8:00pm

The holiday season can intensify your sense of loss, affecting your mind, body, and heart. Whether you are newly bereaved or have been walking this path for some time, this webinar will offer you a deeper understanding of how to integrate mindfulness into your holiday experience, fostering resilience and self-care.



#### Presenter, Heather Stang will discuss:

- Discover coping techniques, such as breathing exercises and meditation, to help you manage the pain of loss.
- Learn practical strategies for creating new holiday traditions that honor your grief and balance the needs of you and your family.
- Develop tools for mindful and compassionate self-care, including setting limits and emotional regulation during holiday gatherings.
- · Discuss how to model healthy grieving for children and teens.
- Utilize a personalized worksheet to plan your winter holiday season, ensuring continuous support and a mindful approach.

Heather Stang, MA, C-IAYT, is the author of <u>Living With Grief</u> (formally <u>Mindfulness & Grief</u>) and the guided journal, <u>From Grief To Peace</u>. She holds a Master's Degree in Thanatology from Hood College, and is a Certified Phoenix Rising Yoga Therapist.

## Register at: bakken-young.com/event/fall-2024-webinar

Questions? Contact Julia Rajtar, Grief Support Coordinator (715) 781-4003 or julia@bakken-young.com

Bakken-Young Funeral & Cremation Services

River Falls (715) 425-8788 | info@bakken-young.com | New Richmond (715) 243-5252

Visit our grief support page for more information on events and resources at: bakken-young.com





#### **Grief Support Groups**

Bakken-Young Funeral & Cremation Services sponsors a six-week grief support group for adults who are grieving the death of a loved one.

Group held in New Richmond, 6:00-7:00pm

Mondays, Sept 9, 16, 23, 30, Oct 7, 14, 2024

at New Richmond United Methodist Church,
209 E Second Street, New Richmond, WI 54017

RSVP by Sept 8, with name, phone number, and email.

#### Group held in River Falls, 6:00-7:00pm

Mondays, October 21, 28, November 4, 11, 18, 25, 2024 at St. Bridget Catholic Church 211 East Division Street, River Falls, WI 54022 RSVP by Oct 18, with name, phone number, and email.

#### Living with a Suicide Death Support Group

Offers a place where adult suicide loss survivors(family and/or friends whose special person has died by suicide) can

- Feel less isolated by sharing their experiences with others who understand from their own personal experiences
- Experience a place where they can speak openly and where people will listen without judgment and truly understand
- Encounter an opportunity for loss survivors to learn from each other

Once a month, 2nd Thursday of each month 6:00 pm—7:30 pm

Please call Julia Rajtar, Bakken-Young Grief Support Coordinator, AFSP Facilitator Trained, <u>at</u> 715-781-4003, for more information.

#### **Bakken-Young Grief Webinar**

Mindful Holidays: Navigating Grief with Compassion and Presence

Zoom Webinar

Thursday, October 25, <u>2024</u> | 6:30pm—8:00pm CST

Bakken Young Funeral and Cremation Services invites you to a free grief webinar for those coping with grief around the holidays.

(I am also attaching the flyer which you are welcome to share)





All are invited & needed to participate in the leading of worship! Please prayerfully consider sharing y our time and talents!

# SIGN UP HERE

Want to help but not sure what the job entails? Learn more in our Worship Volunteer Guide





All are invited to join Pastor Annie for this weekly small group conversation and Bible study!

This is a great chance to grow in relationship with God and one another.

Discussion time includes group check-in, opening meditation, and study of the week's worship texts.

We meet via Zoom so all can join from wherever you are!

https://us02web.zoom.us/j/88419155061? pwd=di9hUXlaeDdzM0dCK0pPMDNtbHczZz09



#### **CHANGE IN EGG SALES**

Going forward, if you would like to purchase eggs in support of HOPE's Youth Ministry, please contact Karen Rodewald at 715-222-2551.

You can either pick them up at HOPE or come to our farm at 249 State Rd 65 River Falls.

This will ensure the freshest eggs for you!



#### Please lift up the following people in prayer

Joe McIntosh

Brad Hermann (Friend of Pastor Annie)

Jerry Sather Family (Brother of Karen Hamilton)

Woody Fangmeier (Friend of Jeff & Karen Rodewald)

Family of Kermit Paulson

Marcus Stack (Friend of Steve & Karen Kaste)

Janet Cudd (Friend of Jeff & Karen Rodewald)

Jeremy Martinson (Brother-in-Law to Elise Forward)

Family of Teajai Schmidt (relative of the Boocks)

Jacob Dan and family (Friends of Jeff Rodewald)

Karen Hamilton

Patricia Miller (Sister of Carl Warren)

Rhiannon Bondhus (Niece of Bondhus family)

Lori Snyder (Friend of Nancy & David Peters)

Ed and Gwen Paulson

Randy Dopkins (Family friend of Olive Olson)

Eden Annoye (Relative of Debra James)

John Weller (Cousin of Karen Brohaugh)

Dave and Deb Haugen (Family of Ellen Roose)

Phyllis and Tom Haugen (Family of Ellen Roose)

Fatma Aljarrah (Friend of Faye Perkins)

Beth Lindgren Family (Dan Malaney)

Michael Jacobson (Brother of Linda Jacobson)

Barb Carmichael (Friend of Nancy Sailer)

Dennis & Sandy Schultz (Friends of Bill & Kay Montgomery)

Nancy Miller (Friend of Paula & Phil Klacan)

Linda Shurden (Friend of Nancy Sailer)

Joyce Kendall (Mother of Cara Getschel)

Hannah Forward

Amanda Olson (daughter of Olive Olson)

Ella Conover (Phil & Paula's Klacan's Niece)

Daryl Kleeman (brother of Darcy Boock)

David Boock (Relative of the Boocks)

Lee Hill (friend of Naomi)

Gary Siebold

David Hendrickson



## August Birthdays



<b>Name</b> Mitch Nelson Verna Tweiten	<b>Date</b> 1-Aug 1-Aug	
Samuel Leisz	5-Aug	
Morgan Leitch	9-Aug	August Baptisms
Amelia Forward	10-Aug	Joseph McIntosh
Natalie Leisz	13-Aug	Kay Montgomery
Brynn Leitch	13-Aug	Betty Lou Oppegard
Steve Kaste	18-Aug	Camryn Glaubitz
Lauren Ziebarth	24-Aug	Tanner Heinselman
Angela Bohnert	25-Aug	Cameron Leitch
Paula Klacan	25-Aug	Ainsley Neuhaus
Keith Getschel	26-Aug	Alexis Rehbein
Lisa Rydland	29-Aug	Avery Tokheim
Nancy Peters	30-Aug	,

## August Anniversaries



FRIERIV GLECKLY	Cerebrating	
Name	Date	Years
Richard & Carolyn Jackson	2-Aug	63
David & Nancy Peters	26-Aug	63
Jeff & Karen Rodewald	31-Aug	39
Grete & Chad Rehbein	15-Aug	15
Russ & Keri Jiskra	24-Aug	5
Jeremy & Traci Wolfe	12-Aug	
Ian & Morgan Porten	12-Aug	2